



UNITED STATES MARINE CORPS
MARINE CORPS RECRUIT DEPOT/WESTERN RECRUITING REGION
1600 HENDERSON AVENUE SUITE 238
SAN DIEGO, CALIFORNIA 92140-5001

DepO 5100.28 w/ch 1, 2
1F

00 FEB 1990

DEPOT ORDER 5100.28 w/ch 1, 2

From: Commanding General
To: Distribution List

Subj: TOBACCO PREVENTION PROGRAM

Ref: (a) SECNAVINST 5100.13 (NOTAL)
(b) ALNAV 131/93

1. Purpose. To provide policy and guidance for the management of the Tobacco Prevention Program aboard Marine Corps Recruit Depot (MCRD), San Diego.

2. Cancellation. Depot Order ^{5100.1.} ~~6200.3A~~

3. Background

a. Overwhelming medical evidence confirms that tobacco use is unhealthy, constitutes a health hazard for nonusers via environmental smoke (secondhand and/or passive smoke), and poses a public health risk more severe than air pollutants from industrial emissions. Likewise, clinical research shows that smokeless tobacco products, e.g., dip, chew, snuff, etc., are linked to causing mouth and throat cancer. The references are germane.

b. Therefore, the Surgeon General of the United States, in association with the Department of the Navy (DON), determined that any exposure to tobacco adversely affects the readiness of our military forces. He further concludes that any use or passive exposure to tobacco increases the susceptibility to disease; reduces physical stamina; impairs cardiorespiratory endurance, and negatively affects such critical military skills as night vision, and eye and hand coordination. As an aside, although abstinence from tobacco use is one of the best known defenses against several causes of illness and death, its use among servicemembers continues to remain at high levels.

4. Policy

a. MCRD's intent is to strengthen the Surgeon General and DON's policy, outlined in the references, to eliminate the use of tobacco and tobacco products among service members and civilian employees; protect nonusers from involuntary exposure to environmental tobacco smoke; and create a social environment that discourages tobacco.

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b. Therefore, our objective will be to educate individuals as to the dangers of tobacco use, reduce tobacco use, and protect personnel from involuntary exposure to Environmental Tobacco Smoke (ETS) to the greatest extent possible. Where conflicts arise between the rights of nonsmokers, the right of nonsmokers to a smoke-free airspace shall prevail. Smoking is prohibited in the following:

(1) All government vehicles

(2) All transient billeting spaces.

(3) All Depot buildings to include work spaces, offices, theater, recreation rooms, conference rooms, classrooms, library, gymnasium, child care centers, medical facilities, and messhalls.

(4) Permanent personnel billeting spaces except private family housing.

(5) The Marine Corps Exchange, and its associate retail and recreation operations. Smoking of cigars, however, may be authorized during Mess Nights in designated areas--by the Assistant Chief of Staff, MWR--that are clearly posted and proportionate to the number of patrons who do not desire a smoke-contaminated environment.

(6) Outdoor areas designated for smoking will not be located in areas commonly used by nonsmokers, and will not be in the immediate vicinity of supply air intakes or building entry ways/egresses. The distance from building entryways/egresses. The distance from building entryways/egresses which smokers must maintain is to be determined by the Commanding Officer. When possible, outdoor smoking areas should be designated which are reasonably accessible and which provide a measure of protection from the elements such as existing awnings and covered overhangs of buildings, etc. This policy does not require that funds be used to provide sheltered, outdoor smoking areas. ES

c. Commanding Officers and Officers in Charge are to create by personal example and by command climate an effective program that supports abstinence and discourages use of tobacco products. They are further to encourage tobacco users to stop and others to refrain from starting by incorporating health consequences of tobacco use into the command training schedule. pf¹

d. Tobacco products are not to be used in the presence of recruits and students.

e. Smokeless Tobacco Policy. Smokeless tobacco is not a safe alternative to smoking and is not to be consumed anywhere where smoking is prohibited. Additionally, spitting into open containers, waste baskets and on the ground presents a potential health risk to others as saliva is a culture medium for infectious organisms.

c. Assistant Chief of Staff, G-4

(1) Director, Facilities. Ensure that "no smoking signs" are posted in appropriate Depot common spaces.

(2) Director of Safety. Evaluate compliance with the provisions of this order when conducting ground safety and occupational health inspections.

d. Head, Branch Medical Clinic

(1) Advise and assist regarding tobacco use, prevention, and cessation.

(2) Pregnant users of tobacco products are advised of health risks to the fetus and where to obtain assistance for cessation.

(3) Standard lesson plans are developed for use by commanding officers regarding the health risks of tobacco use.

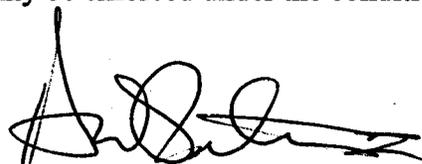
6. Tobacco prevention caveat. While any substance cessation program should be encouraged, care should be taken to avoid coercing individuals to enter such programs against their will. Remember, the objective of MCRD's Tobacco Prevention Program is to create a social environment that supports abstinence, discourages use of tobacco products by restricting smoking in selected Depot areas, creates a healthier working environment, and provides tobacco users with encouragement and professional assistance to stop using tobacco.

7. Summary of Revision. This order incorporates substantial changes introduced by reference (b), and should be reviewed in its entirety.

8. Applicability

a. This order is applicable to all service members, civilian employees, nonappropriated fund employees, their dependents, and visitors while aboard MCRD. This order, however, does not cancel or supersede other directives where smoking is controlled because of fire, explosives, or other safety considerations.

b. This order does not override provisions of existing civilian collective bargaining agreements; therefore, implementation of this order in the work place for civilian employees, including non-appropriated fund employees, will only be enforced under the conditions of the current labor management contract.


H. W. PETERSON III
Chief of Staff

DISTRIBUTION: A



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10 JUL 1998

DEPOT ORDER 5100.28 CH 1

From: Commanding General
To: Distribution List

Subj: TOBACCO PREVENTION PROGRAM

1. Purpose. To make pen change to basic Order.
2. Action. The following pen change will be inserted in paragraph 2 of the basic Order:

"Depot Order 5100.1"
"Depot Order 6200.3A"
3. Summary of Change. This change updates the basic Order.
4. Filing Instruction. This change transmittal will be filed immediately following the signature page of the basic Order.


H. W. PETERSON III
Chief of Staff

Distribution: A



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DEPO 5100.28
IF

06 JAN 1993

DEPOT ORDER 5100.28 CH. 2

From: Commanding General
To: Distribution List

Subj: TOBACCO PREVENTION PROGRAM

Ref: (a) SECNAVINST 5100.13 (NOTAL)
(b) ALNAV 131/93

1. Purpose. To update existing Depot Order incorporating the changes in reference (a).
2. Action. The following changes are directed:
 - a. On the reference line of reference (a) of the basic order add the letter "B" at the end of "SECNAVINST 5100.13".
 - b. Replace paragraph 4b with the following: "Therefore, our objective will be to educate individuals as to the dangers of tobacco use, reduce tobacco use, and protect personnel from involuntary exposure to Environmental Tobacco Smoke (ETS) to the greatest extent possible. Where conflicts arise between the rights of nonsmokers and smokers, the right of nonsmokers to a smoke-free airspace shall prevail. Smoking is prohibited in the following:"
 - c. Insert the following as paragraph 4b (6): "Outdoor areas designated for smoking will not be located in areas commonly used by nonsmokers, and will not be in the immediate vicinity of supply air intakes or building entry ways/egresses. The distance from building entry ways/egresses which smokers must maintain is to be determined by the Commanding Officer. When possible, outdoor smoking areas should be designated which are reasonably accessible and which provide a measure of protection from the elements such as existing awnings and covered overhangs of buildings, etc. This policy does not require that funds be used to provide sheltered, outdoor smoking areas."
 - d. Add paragraph 4c as follows: "Commanding Officers and Officers in Charge are to create by personal example and by command climate an effective program that supports abstinence and discourages use of tobacco products. They are further to encourage tobacco users to stop and others to refrain from starting by incorporating health consequences of tobacco use into the command training schedule."
 - e. Add paragraph 4d as follows, "Tobacco products are not to be used in the presence of recruits and students."

f. Add paragraph 4e as follows, "Smokeless Tobacco Policy. Smokeless tobacco is not a safe alternative to smoking and is not to be consumed anywhere where smoking is prohibited. Additionally, spitting into open containers, waste baskets, and on the ground presents a potential health risk to others as saliva is a culture medium for infectious organisms."

g. Replace paragraph 5b (1) with the following, "Develop lesson plans addressing nicotine addiction and it's negative impact on readiness, health risks of tobacco use, the availability of assistance to quit tobacco use and incorporate them into substance abuse education sessions."

3. Filing Instructions. File this change transmittal immediately following change 1 of the basic Order.



H. W. PETERSON III
Chief of Staff

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